



Mental Health Support Worker Full Time 37 hrs pw

£21,630 - £27,614 dependent on experience

12 month contract (extension subject to funding)

Vacancy Closing Date: Monday 16^h March 2020. Interviews will take place the following week.

Paddock Community Trust delivers a range of community-based not-for-profit services in Kirklees including employment support initiatives, adult learning programmes, volunteering and well-being projects. We are seeking an experienced Mental Health Support Worker to provide mental health support to service users across all these programmes in a pilot project for the Huddersfield area.

The project has three key outcomes: Keeping people well, Promoting greater independence, Helping people aspire and achieve

The role of the Mental Health Support Worker is to:

- Build confidence, self-esteem, hope and positive coping skills in service users.
- Support and liaise with service users waiting for their IAPT referral or Initial Assessment.
- Participate in our Adult Learning programme to deliver wellbeing and mindfulness sessions within scheduled courses.
- Support service users in the learning of new skills and/or gaining employment.
- Develop and deliver, in group and one-to-one settings, innovative wellbeing courses including mindfulness, confidence building and health and wellbeing.
- Provide support and help for staff and volunteers acting as a point of contact for any health related issues
- Provide support to service users through our referral process from key partners.
- Produce guidelines in terms of best practice for employees and volunteers in mental health.
- Build a register of mental health services and agencies that are available for individuals including staff and volunteers.
- Work with other health professionals to ensure consistency of support for service users.
- Represent the Trust within the Kirklees Mental Health Alliance and other stakeholder networks.

Requirements:

- Mental Health qualification or relevant experience
- Experience of group facilitation and delivering training to a wide range of audiences
- Knowledge of managing Mental Health in the workplace
- Have excellent presentation, communication, interpersonal skills
- Proven experience of working with and managing a caseload of clients who have a mental health illness or within another social care setting
- Proven experience of preparing and implementing needs assessments, support plans, risk assessments and management plans as well as individual action plans in conjunction with other workers / agencies and clients.
- Working knowledge of the needs and support requirements of people with mental health needs.
- Working knowledge of statutory and non-statutory partner agencies.

All applicants will be subject to satisfactory references and all employees are checked against the Disclosure & Barring Service (DBS), the cost of which will be met by Paddock Community Trust. This full-time position is available on an initial 12 month contract with the opportunity to gain extensions subject to funding.

To apply for this role please send a CV and covering letter explaining how you meet the requirements of the role to: Simon Ashbee, Paddock Community Trust, Paddock Village Hall, West View, Paddock, Huddersfield, HD1 4TX or email simon@paddocktrust.org.uk